

**МІНІСТЕРСТВО ОХОРОНИ ЗДОРОВ'Я УКРАЇНИ  
БУКОВИНСЬКИЙ ДЕРЖАВНИЙ МЕДИЧНИЙ УНІВЕРСИТЕТ**



## **МАТЕРІАЛИ**

**106-ї підсумкової науково-практичної конференції  
з міжнародною участю  
професорсько-викладацького колективу  
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**Dariichuk M.D.**  
**PSYCHOLOGICAL PECULIARITIES OF FUNCTIONING  
OF YOUNG MARRIED COUPLE**

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**Introduction.** In today's society, young married couples face numerous social, psychological and economic challenges that affect the stability and harmony of their marriage relationships. Factors such as the role structure of the family, the level of differentiation of the self, the psychological compatibility of the partners, as well as the ability to adapt and perform family functions play an important role in the functioning of young couples. Today, the issue of the stability of young marriages is relevant due to the growing rate of divorces and family crises, as well as the psychological readiness of partners for family life. The study of the psychological aspects of the functioning of young families is of theoretical and practical importance, since understanding the roles and functions in marital relations will contribute to the formation of positive family dynamics and ensure the well-being of the family.

**The aim of the study.** The purpose of the study is to identify psychological features of young spouses' functioning that affect the stability and harmony of marital relations. The objectives of the study include a theoretical analysis of the key psychological factors that determine the dynamics of relationships in a young marriage, an empirical study of adaptation mechanisms and the role structure of marital relations, as well as an analysis of the results of the empirical material obtained to determine the factors that contribute to or impede family stability.

**Material and methods.** These include theoretical (analysis, synthesis, generalization, explanation, induction, etc.) and empirical (observation, interview, questionnaire, testing, mathematical statistics) methods. Among the standardized methods used are the Family Communication Inventory and the Love and Sympathy Scale questionnaire. Relationships between the scales of these methods are established by means of factor analysis based on the correlation of Pearson's moments.

**Results.** The results of the study have shown that the psychological peculiarities of the functioning of young spouses are determined by such factors as the level of differentiation of the partners' I, their psychological compatibility, flexibility of the role structure, and readiness to perform family functions. Among the main aspects that influence the stability and harmony of a young marriage are mutual support, adaptation to roles in marital relations, readiness for joint conflict resolution and the ability to self-reflection. A low level of these characteristics leads to interpersonal tension and reduced marital satisfaction.

**Conclusions.** The analysis of the psychological features of the functioning of young spouses shows that the topic is quite relevant and complex, since they play a key role in interpersonal relationships and integration of young spouses. Among the main features that affect the functioning of young spouses are functions, roles, role behavior, marriage stability, the level of differentiation of the 'I', and psychological compatibility.

**Moysey A. A.**

**«RECOVERING PAST STORIES FOR THE FUTURE: A SYNERGISTIC APPROACH TO  
TEXTUAL AND ORAL HERITAGE OF SMALL COMMUNITIES» IN THE FIELD OF  
BUKOVINIAN HISTORY AND CULTURE RESEARCH**

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**Introduction.** The project «RECOVERY» HORIZON-CL2-2023-HERITAGE-01 is based on the general partners-idea of European Commission. It is designed by the group of founders and separate researchers for the Recovering Past Stories for the Future: A Synergistic Approach to Textual and Oral Heritage of Small Communities.

**The aim of the study.** The study is devoted to the textual and oral stories to explore the past of small communities (in BSMU study it is about Rosha area), with the goal of restoring the