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of the clinical department. The class lasts four or five hours, depending on the topic and more than half of this time at the patient's bedside. At the beginning of the lesson according to the guidelines the teacher analyzes the theoretical part of the material, and then consolidates this material with practical skills. The Kovid-19 pandemic has unfortunately made its adjustments to the educational process around the world. Innovative distance learning technologies used in medical higher education have become a key element in the organization of students' work during quarantine and have led to significant changes in the organization of the educational process. In particular, this applied to the departments of therapeutic profile. From the very beginning of distance learning, the Department of Internal Medicine and Infectious Diseases began to use a mixed form of studying the material. During the practical lesson, students are actively involved in the discussion of new material through oral answers and chats. During the practical classes, students also consolidate knowledge by solving clinical problems, tests based on the principle of choosing the correct answer, which students should mark in the chat. Then the student who gave the correct answer the fastest explains his choice aloud. The practical lesson also includes analysis of clinical tasks and tests in preparation for students to LI "Step-2". Due to the fact that during the quarantine period it is not possible to show patients in the therapeutic departments of hospitals, videos are shown in practical classes. During the training, teachers also discuss theoretical material with students through presentations and analyze clinical cases using case packages.

The Moodle department page is clearly structured by individual disciplines (Gastroenterology, Rheumatology, Nephrology), which allows students to prepare well for a practical lesson that takes place online in real time.

The study of practical skills occupies a prominent place in the training of doctors in medical universities, contributes to the acquisition of professional experience, the formation of the student's professional qualities of personality and appropriate attitude to the profession. Forms of practical training differ depending on the epidemiological situation in the region.

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ПРОВЕДЕННЯ МАЙСТЕР-КЛАСІВ - ЯК ОДНА ІЗ ФОРМ ПРОФЕСІЙНОГО НАВЧАННЯ ЛІКАРІВ

Kaniovska L.V., Liakhovych O.D. Bukovinian State Medical University

CONDUCTING MASTER CLASSES AS ONE OF THE FORMS FOR PROFESSIONAL TRAINING OF DOCTORS

Анотація.

Запровадження сучасних міжнародних стандартів та вимог до підвищення якості професійної підготовки лікарів вимагає посилення конкурентноспроможності та розширення можливостей на вітчизняному та міжнародному ринках праці. Слід зауважити, що поступове набуття компетентностей відбувається через навчання (як формальне, так і неформальне). Одна із форм яка застосовується успішно - це проведення майстер класів.

${\it Abstract.}$

Implementing modern international standards and requirements for improving the quality of professional training expects strengthening competitiveness and expanding opportunities in the domestic and international labor markets. It should be noted that the gradual acquisition of competencies occurs through learning (both formal and informal). One of the forms that is used successfully is to hold master classes.

Ключові слова: безперервний професійний розвиток, лікар, майстер-клас, навички, навчання. **Keywords:** continuing professional development, doctor, master class, skills, training.

Main part. Continuing professional development (CPD) of health professionals is an essential aspect of the quality assurance process. Constant updating of knowledge and skills, acquaintance with modern protocols and guidelines, and their application in practice are

the realities of the current doctor, both in the context of state requirements for the profession and the need for self-improvement and professional growth [9].

The continuing professional development for doctors was updated in Ukraine on July 14, 2021 (Resolution № 725). In particular, new approaches to the professional development of doctors were identified. According to this provision: continuing professional development of health care professionals is a constant process of training and improving the professional competencies of professionals after obtaining higher education in health care, and postgraduate education in the internship enables the specialist to maintain or improve the standards of professional activity in accordance with the needs of the industry and lasts throughout the professional activity [7].

Many factors influence the high quality of medical care, among which the realization of the possibility of postgraduate medical education is perhaps the highest priority. In this regard, an important direction in improving the process of postgraduate education of doctors is the gradual introduction of modern forms and teaching methods. In the context of increasing information flows, rapid updating of medical knowledge, and introduction into medical practice of high-tech diagnostic and treatment tools, the doctor constantly finds himself in a situation where he is in dire need of constant improvement in his professional development. Education is also encouraged by growing knowledge of patients and society in medicine, reforming the healthcare system, and changing the political environment [1, 4].

The main task of modern postgraduate education is the transition from the concept of acquiring knowledge, skills, and mastery of practical skills to the idea of education, which comprehensively develops the doctor as a person. In the current reality, it is necessary to use the most effective teaching methods in accordance with the discipline, which will give a positive result, and rely on the following components: theoretical course, stimulation training, and clinical training, professional schools, and master class [4, 13].

The use of modern technologies of interactive learning in continuing postgraduate education can ensure the formation of self-educational aspiration, self-improvement, and self-education in a doctor. For this purpose, traditional teaching methods (verbal, visual, and practical) are used. In addition, continuing postgraduate education can take several forms. One of them is problem-oriented education, which is a pedagogical strategy of postgraduate education [12, 15].

Today's optimal form of such interaction is a master class. Direct reproduction and mechanical repetition of professional achievements are almost hopeless since they don't give the desired effect [6]. Master class (from the English masterclass: master - the best in any field + class - classes, lesson) is a modern form of training to practice practical skills in various methods and technologies to improve the professional level and exchange best practices of participants, expand outlook and involve new areas of knowledge [2, 11].

According to the requirements of the Regulations on the system of continuing professional development of medical and pharmaceutical workers, approved by the Resolution of the Cabinet of Ministers of Ukraine dated July 14, 2021 No. 725, based on the Department

of Internal Medicine, Clinical Pharmacology and Occupational Diseases of the Bukovinian State Medical University, the implementation of various activities within the framework of interdisciplinary integration has begun.

A master class is an effective form of transferring knowledge and skills, exchanging experience in training and education, the central part of which is the demonstration of original methods for mastering a particular content with the active role of all participants in the lesson. The master class differs from a regular seminar in that during a master class, a leading specialist talks and, more importantly, shows how to put into practice a new technology or method. The master class is the most effective form of professional training, improving the professional skills of students based on the development of promising experience in the field of healthcare [3, 10].

The purpose of the master class is to improve the professional competencies of physicians, family physicians, physicians of certain narrow specialties after their higher education and postgraduate education in internships. The modern specialist needs to maintain or improve the standards of professional activity according to the health care's needs and accelerate the transformation of prospective experience into practical exercises, enriching it with innovative methods, approaches, and technologies to solve the problem. In addition, this type of interaction should lead to creating a holistic system of the latest methods of professional training based on the study, testing of best practices, and its implementation using innovative technologies. The master class is held in the form of an integrated lecture-practical lesson, where theoretical material and practical work are closely combined [5, 14].

The structure, which is practiced at our department, is given on the example of the scheme of the master class "Management of patients with broncho-obstructive syndrome: analysis of clinical cases, analysis of treatment." *Introduction* (the problem is outlined, the relevance of the topic is substantiated, the purpose, tasks of the master class are specified). The topics of the meetings and the content of the students' work between the sessions are announced [8].

It is mandatory to pay attention to modern methods of diagnosing broncho-obstructive syndrome (BOS), including the following: development of international clinical guidelines: the Global Initiative for Chronic Obstructive Lung Disease (GOLD) and the Global Initiative for Asthma (GINA), use of various scales: COPD Assessment Test (CAT), Modified Medical Research Council Scale (mMRC), Asthma Control Questionnaire (ACQ), Asthma Control Test (ACT) and national guidelines, as well as modern diagnostic methods, including the need for objective diagnostic tests (e.g. measurement of nitric oxide exhalation fraction (FeNO test)), spirometry and peak flowmetry.

Presentation of experience by a trainer: modern classification approaches to the broncho-obstructive syndrome are briefly outlined, own achievements in diagnosis are described; the effectiveness of the activity is proved, which testifies the effectiveness of the applied approach, the problems and prospects in work are determined.

Presentation of the system algorithm for diagnosing BOS: describes a system of measures for data collection and analysis determines the basic techniques that the trainer will demonstrate to students. Particular attention is paid to the study of modern approaches in treating patients with chronic obstructive pulmonary disease, bronchial asthma. Students' attention is drawn to the correctness and observance of the technique of inhalation preparations.

Conducting a "simulation game": the trainer demonstrates on the big screen individual cases dedicated to different patients with different variants of BOS and establishes the diagnosis according to modern classifications using the diagnostic algorithms that students have learned before. Students play two roles simultaneously: students of the experimental group and experts present at the open event, followed by an interactive discussion.

For the participation of students in the master class, points of continuing professional development of healthcare professionals are awarded and certificates of the established standard are issued. At the end of the training, the *survey* is conducted to determine the professional needs and opinions on the relevance of its topic, quality and effectiveness. The head of the department directly supervises the master class.

Conclusions and prospects for further research. The main advantages of the master class are a unique combination of a short theoretical part and individual work aimed at acquiring and consolidating practical knowledge and skills. The use of various methods and forms of education in continuing postgraduate education of physicians allows to activate the learning process, raise the level of training of students, direct all efforts to form in the student aspirations for self-learning and self-education. All this contributes to the harmonious, creative and professional development of the doctor.

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