

isolated course of CKD ( $p < 0.05$ ). The suppression of TFA occurred at the expense of the decrease of EF: in patients with NAS the index is significantly lower than the control in 1.2 times, in patients with NAS with CKD — in 1.4 times, in patients with NASH — in 1.7 times, in the group of patients with NASH and CKD — by 1.9 times, while in the group of patients with CKD, the suppression of EF was registered — 1.3 times ( $p < 0.05$ ). At the same time, the NEF in patients of all groups increased in comparison with the PHP group: in patients with NAS, in 1.2 times, in patients with NAS with CKD — in 1.3 times, in patients with NASH — in 1.4 times, in the group of patients with NASH with CKD — 1.5 times, while in the group of patients with CKD the activation of NEF was registered 1.2 times ( $p < 0.05$ ), with the presence of a probable difference between the groups with comorbidity and isolated course of CKD ( $p < 0.05$ ).

**Conclusions.** Analysis of hemostasis and fibrinolysis indices in examined patients with NASH, depending on the stage of CKD showed that with the growth of the CKD stage, the activity of the cohort increases, with the exception of the fibrinogen content (most likely due to coagulopathy consumption), the activity of the anticoagulants decreases, the total and enzymatic activity of fibrinolysis is reduced, and non-enzymatic compensator increases. Thus, metabolic intoxication, oxidative stress, which accompany the flow of NAFLD with obesity and CKD, promote the activation of the kallikrein-kinin system, the formation of plasma and thrombin, with subsequent disturbance of equilibrium between them, the development of stasis, slag phenomenon, the formation of platelet and erythrocyte aggregates in blood circulation system. The consequence of significant activation of hemocoagulation against the suppression of total fibrinolytic activity (TFA) is the local clotting of blood in the arteries.

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### The features of biochemical markers of liver fibrosis with non-alcoholic steatohepatitis in patients with I-II degree obesity and chronic kidney disease I-III stage

**The purpose** of the research — to find out the features of biochemical markers of liver fibrosis with non-alcoholic steatohepatitis in patients with I–II degree obesity and chronic kidney disease I–III stage, to establish the effectiveness of Heparhizine influence on the state of carbohydrate-protein components of the connective tissue of the extracellular matrix of the liver and kidneys.

**Material and methods.** 98 patients with non-alcoholic steatohepatitis on the background of I–II degree obesity were examined: 52 patients with non-alcoholic steatohepatitis (1<sup>st</sup> group) (without accompanying chronic kidney disease), 46 patients with non-alcoholic steatohepatitis with a comorbid chronic kidney disease I–III stage (2<sup>nd</sup> group). The control group consisted of 20 practically healthy persons (PHPs) with the corresponding age and sex. Biopsy of

the liver was performed on 32 patients with non-alcoholic steatohepatitis with the accompanying of chronic kidney disease I–III stage, 28 patients with non-alcoholic steatohepatitis without chronic kidney disease. Patients on both groups of non-alcoholic steatohepatitis received Heparhizine treatment (glycyrrhizin 40 mg, glycine 400 mg, L-cysteine hydrochloride 20 mg) (Valartin Pharma) by intravenous administration of 20 ml of the drug for 10 days followed by enteral administration of 2 tablets of Heparhizine (1 tablet: glycyrrhizin 25 mg, glycine — 25 mg, methionine — 25 mg) 3 times a day for 80 days. Patients with non-alcoholic steatohepatitis with a comorbid flow of non-alcoholic steatohepatitis, obesity and chronic kidney disease of the I–III stage, except heparisin, they received baseline therapy of chronic kidney disease I–III stage: chronic pyelonephritis (course of antibacterial drugs, uroseptics, cainfron). The examinations were carried out prior to treatment and on the 90<sup>th</sup> day of treatment.

**Results.** The study showed that in the case of non-alcoholic steatohepatitis that develops on the background of obesity and chronic kidney disease on the I–III stage, the presence of fibrotic changes in the liver tissue was established, which according to the biochemical index of fibrosis, exceeds those in patients with non-alcoholic steatohepatitis without comorbidity with kidney pathology. In patients with non-alcoholic steatohepatitis, which was accompanied by obesity, a significant increase in the synthesis of collagen and glycosaminoglycans which was accompanied with an ineffective resorption of newly formed collagen due to inhibition of the collagenolytic activity of blood plasma, due to significant activation of proteinase inhibitors ( $\alpha 2$ -MG) was observed with a significant imbalance in the system of connective tissue metabolism.

**Conclusions.** Under the conditions of the comorbidity of non-alcoholic steatohepatitis with chronic kidney disease I–III stage, collagen synthesis and resorption are activated, but the anabolism processes predominate, in spite of the compensatory activation of collagenolysis, a substantial hyperproduction of actinic-phase proteins, fibronectin, glycosaminoglycans, fibroblast growth factor and lead to progressive fibrosis of the liver and disturbance of its functions.

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### The pathogenetic features of nonalcoholic steatohepatitis course with obesity and chronic kidney disease

**The purpose** of the study was to determine the pathogenetic role of the bacterial endotoxin content in the blood on the hepatocytes damage markers, the degree of steatosis and liver fibrosis in patients with NASH with obesity, depending on the form and stage of CKD and their progression.

**Materials and methods.** To realize this goal 170 patients with NASH aged 40–55 years were examined. All patients were distributed as follows. Group 1 consisted of 70 patients with NASH with concomitant obesity 1<sup>st</sup> degree.