# INTERNATIONAL SCIENCE GROUP ISG-KONF.COM

# MAN AND ENVIRONMENT, TRENDS AND PROSPECTS

# ABSTRACTS OF III INTERNATIONAL SCIENTIFIC AND PRACTICAL CONFERENCE TOKYO, JAPAN 10-11 FEBRUARY 2020



# ISBN 978-966-97856-9-5

### MAN AND ENVIRONMENT, TRENDS AND PROSPECTS Abstracts of III International Scientific and Practical Conference Tokyo, Japan 10-11 February 2020

\_

UDC 01.1 BBK 91 The 3 th International scientific and practical conference"MAN AND ENVIRONMENT, TRENDS AND PROSPECTS" (February 10-11, 2020) SH SCW "NEW ROUTE" Tokyo, Japan 2020. 411 p. ISBN 978-966-97856-9-5

The recommended citation for this publication is:

Kilmukhametova Yu.H., Condition of periodontal tissues in patients with urolithiasis // Man and environment, trends and prospects. Abstracts of I International Scientific and Practical Conference. SH SCW "NEW ROUTE" Tokyo, Japan. 2020. Pp. 165-167. URL: <u>http://isg-conf.com.ua</u>.

The content and reliability of the articles are the responsibility of the authors. When using and borrowing materials reference to the publication is required.

Collection of scientific articles published is the scientific and practical publication, which contains scientific articles of students, graduate students, Candidates and Doctors of Sciences, research workers and practitioners from Europe, Ukraine, Russia and from neighbouring coutries and beyond. The articles contain the study, reflecting the processes and changes in the structure of modern science. The collection of scientific articles is for students, postgraduate students, doctoral candidates, teachers, researchers, practitioners and people interested in the trends of modern science development.

# e-mail: <u>info@isg-konf.ua</u>

homepage: isg-konf.ua © 2020 Internation Science Group "isg-konf.com" ® © 2020 SH SCW "NEW ROUTE"® © 2020 Authors of the articles

50		105
50.	Уханова А. І.	195
	ГЕНДЕРНІ ОСОБЛИВОСТІ ПРОСОЦІАЛЬНОЇ	
<b>7</b> 1	ПОВЕДІНКИ СТАРШИХ ШКОЛЯРІВ	200
51.	Ткачишина О. Р.	200
	АДАПТАЦІЙНІ РЕСУРСИ ОСОБИСТОСТІ В	
	УМОВАХ КРИЗОВИХ СИТУАЦІЙ	
52.	Prudka L. N.	204
	FEATURES OF THE INTERACTION OF THE	
	MEDIA AND THE NATIONAL POLICE	
53.	Новікова Ж. М.	209
	ПРЕВАЛЮВАННЯ ЕМОЦІЙ У	
	ПСИХОЛОГІЧНІЙ АДАПТАЦІЇ СТУДЕНТІВ	
	ПЕРШОГО КУРСУ	
54.	Матієнко Т. В.	213
	ПРОФЕСІЙНЕ САМОСТАВЛЕННЯ	
	ОСОБИСТОСТІ: ГЕНДЕРНИЙ АСПЕКТ	
55.	KORSAK K., Korsak Y.	219
	WHEN HUMANITY SEES THAT NOOERA IS	
	ALREADY COMING ?	
56.	Bulgak E. D.	224
	SOCIO-PSYCHOLOGICAL ASSISTANCE TO THE	
	ELDERLY IN MODERN UKRAINE	
57.	Vavilova A. S.	226
	CORRECTIVE METHODS OF ADOLESCENT'S	
	AGGRESSIVE BEHAVIOR	
58.	Pishchevskaia E.	229
	Progress of social networks trends in XXI century and	
	their influence on psychological prosperity of person	
59.	Merkulova J. V., Danich M. A.	231
	CRIMINAL PROFILING: FOREIGN EXPERIENCE	
60.	Chopchik V., Orlova N.	233
	UNIVERSITY CLINIC ON THE BASIS OF STATE -	
	PRIVATE PARTNERSHIP (METHODOLOGY FOR	
	FORMATION)	
61.	Yurtsenyuk O. S.	236
	FEATURES OF DIAGNOSIS AND TREATMENT	
	OF DEPRESSIVE AND ANXIETY DISORDERS	
	AMONG UNIVERSITY STUDENTS	
		1

for its organization, search for a private investor ready to work in UC. The purpose of the model development, the main directions of its activity, its advantages for the state, the population and the investor, principles of organization and peculiarities of functioning are further defined.

**Conclusions.** Methodology of UCs formation on PPP principles allows to identify a potential tool for socio-economic development of UCs system, develop UC model on PPP principles and determine its economic efficiency, social acceptability, organizational, managerial and financial - economic components.

The prospects for further research are to use the methodology of forming a university clinic based on public - private partnership in developing a functional and organizational model of a university dental center, which operates on the principles of PPP.

#### **References:**

1. Law of Ukraine of July 1, 2010 No. 2404-VI "On Public-Private Partnership" [Electronic resource] Access mode: https://zakon.rada.gov.ua/laws/show/2404-17

2. Law of Ukraine No 817-VIII of 24.11.2015 "On Amendments to Some Laws of Ukraine on Removal of Regulatory Barriers to Public-Private Partnership Development and Investment Promotion in Ukraine" [Electronic resource] Access mode: https://law.rada.gov.ua / laws / show / 817-19

3. Law of Ukraine of April 6, 2017 No. 2002-VIII "On Amendments to Certain Legislative Acts of Ukraine on Improving Legislation on the Activities of Health Care Institutions". [Electronic resource] Access mode: https://zakon.rada.gov.ua/laws/show/2002-19

#### УДК: 616.89-008.454-036.1-07-08-057.875

Yurtsenyuk Olha Sydorivna, PhD, Associate Professor Higher State Educational Establishment of Ukraine «Bukovynian State Medical University»

## FEATURES OF DIAGNOSIS AND TREATMENT OF DEPRESSIVE AND ANXIETY DISORDERS AMONG UNIVERSITY STUDENTS

Depressive and anxiety disorders among young people are rather spread and predicted unfavourable pathology, and therefore the issues of its timely diagnostics and comprehensive treatment are topical.

#### MAN AND ENVIRONMENT, TRENDS AND PROSPECTS

Anxiety and depression are two common psychological disorders associated with high morbidity and have become major health problems [1]. According to experts from the World Health Organization, by 2020, depression will be the second largest cause of disability and mortality worldwide [2].

Numerous studies in recent years conducted in different countries show a high prevalence of anxiety disorders and low quality of life among medical students during their studies compared to the general population and students of other specialties [2, 3]. Prevalence of nonpsychotic psychiatric disorders among medical students, according to various authors, ranges from 2.2% to 29.0%, depression in the range from 6.0% to 66.0%, anxiety in the range from 7.7% to 65, 5% [4].

**Objective:** to determine occurrence and structure of depressive and anxiety disorders among students; develop and introduce a new system of a comprehensive diagnostics and treatment of these disorders.

**Materials and methods.** During 2015-2017, keeping to the principles of bioethics and deontology 1235 students were comprehensively examined. The following methods were applied: clinical, clinical-psychopathological, clinical-epidemiological, clinical-anamnestic, experimental-psychological and statistical.

**Results.** As a result of the study, depressive and anxiety disorders were diagnosed in 123 (9,96%) students which constitutes 38,80 % from all the diagnosed nonpsychotic psychic disorders (N=317). Most often mixed anxiety and depressive disorders were diagnosed among the students – (F41.2) - 7,32% from the total number of patients, including 23,68% among males with affective disorders and females with mild depressive episodes F32,0 – 12,20% and 17,65% respectively (tabl.1).

Table 1

Distribution of patients by diagnosis based on gender										
Diagnosis,		men		women						
International Classification of Diseases (ICD 10)	Total number	abs.	%	abs.	%					
F32.0	18 (14,63%)	3	2,44	15	12,20					
F32.1	13 (10,57%)	2	1,63	11	8,94					
F32.2	1 (0,81%)	0	0	1	0,81					
F33.0	10 (8,1%)	8	6,50	2	1,63					
F33.1	7 (5,69%)	3	2,44	4	3,25					
F34.0	20 (16,26%)	7	5,69	13	10,57					
F34.1	5 (4,06%)	0	0	5	4,07					
F40.0	4 (3,25%)	0	0	4	3,25					
F40.1	4 (3,25%)	0	0	4	3,25					
F40.2	9 (7,32%)	3	2,44	6	4,88					
F41.0	9 (7,32%)	3	2,44	6	4,88					

Distribution of patients by diagnosis based on gender

F41.1	4 (3,25%)	0	0	4	3,25
F41.2	19 (15,45%)	9	7,32	10	8,13
Разом	123 (100%)	38	30,89	85	69,11

MAN AND ENVIRONMENT, TRENDS AND PROSPECTS

Among the main complaints in men were: low mood - 33 (86.84%), lethargy, anxiety and anxiety about the future - 30 people (78.95%); vegetative manifestations: tachycardia, tachypnea, sweating, dry mouth, epigastric pain, nausea, hyperemia, difficulty swallowing) in 28 students (73.68%); internal tension (trembling, feeling cold, inability to relax, headache) - 24 (63.16%); sleep disorders - 27 (71.05%).

Complaints among women were predominant: reduced mood - 77 people (90.59%), fatigue - 74 (87.06%); decrease in energy and performance - 74 (87.06%); intellectual retardation - 68 (80.00%); sleep disturbance - 70 (82.35%); decrease in appetite and weight loss - 56 (65,88%); phobias - 48 (56.47%); vegetative manifestations: tachycardia, tachypnea, sweating, dry mouth, epigastric pain, nausea, hyperemia, difficulty swallowing) - 45 (52.94%).

Analyzing the severity of depressive symptomatology, which was assessed using the Depression Self-Assessment Scale, the following results were found: high levels of depression were found in 4 people (3.25%), moderate levels - 49 students (39.84%), mild depression was diagnosed in 62 persons (50.41%) and low depression rate were in 8 young people (6.50%), mean absolute value - 58.63 points, which indicates sufficient diagnostic efficiency of this technique and it can be used in the preparation of screening questionnaires.

The treatment of students was carried out in accordance with the recommendations "Criteria for the diagnosis and psychotherapy of disorders of the psyche and behavior" using patented author's methods of treatment of depressive and anxiety disorders in young people. Clinical analysis of depressive and anxiety disorders of high school students allowed to develop principles of therapy and prevention, which include measures aimed at resolving psychogenic conflict, restoration of adaptive mechanisms. The developed system of therapy and prevention is characterized by higher efficiency when compared with the means that do not take into account the developed principles. The therapeutic efficacy of complex treatment was evaluated according to the standardized Tsung Depression Scale and the Spielberger-Hanin test to determine levels of personal anxiety and situational anxiety before and after differential treatment. Treatment efficacy increased 2.3-time (PmA> PmB 2.3-time), which was objectively confirmed by psychodiagnostic scales.

**Conclusions.** The use of the Zung Self-Rating Depression Scale and the Scales of Personal and Situation Anxiety with a screening diagnostic purpose has demonstrated a high sensitivity of these methods. It should be considered in the development of screening programs. The use of a comprehensive approach in the treatment of the above disorders improved efficacy of treatment 2,3 times as much.

#### **References:**

1. Slavin SJ Chibnall JT Finding the Why, Changing the How: Improving the Mental Health of Medical Students, Residents, and Physicians. Acad Med. 2016; 91 (9); 1194-1196.

2. Moskalenko O. L. Pulikov AS Estimation of the level of anxiety of young men in conditions of the sanitary-protective zone of the Mining and Chemical Combine (HCC). In the world of scientific discoveries. 2015; 2 (62); 108-125.

3. Sinaiko VM Features of the dynamics of the mental state of medical students. Ukrainian Herald of Psychoneurology. 2001; 9; 2; 42-44.

4. Hardeman RR Przedworski JM Burke SE. Mental Well-Being in First Year Medical Students: A Comparison by Race and Gender: A Report from the Medical Student CHANGE Study. Journal of Racial and Ethnic Health Disparities. 2015; 2 (3); 403-413.

## УДК 13058

# Tarabanchuk Volodymyr, Ph.D., Associate Professor

Higher State Educational Establishment of Ukraine «Bukovinian State Medical University»

Maksymyuk Vitaliy, M.D., D.Sc., Professor

Higher State Educational Establishment of Ukraine «Bukovinian State Medical University»

## OPTICAL PROPERTIES OF BLOOD IN ACUTE PANCREATITIS

Informative diagnostics of different forms of acute pancreatitis and its complications is one of the most difficult problems in emergency abdominal surgery. Diagnostic probability of standard laboratory and instrumental methods does not exceed 80%, which in some cases leads to diagnostic pitfall [1-2]. This makes actual problem to search for new, informative diagnostic parameters [3-4].