



*Khomenko V. G.*

## MELATONIN - AS A PRODUCT OF THE PINEAL GLAND IN THE REGULATION OF PHYSIOLOGICAL FUNCTIONS

*Bukovina State Medical University, Department of Medical Biology, Genetics and Pharmaceutical Botany, Chernivtsi (Ukraine)*

**Abstract.** The efficiency of the use of melatonin in the correction of pathological desynchronosis physiological functions of the body in the morning, afternoon, evening and night periods of the day. Melatonin can be used as a protective agent in violation of the body chronorhythms.

**Key words:** melatonin, the pineal gland, the physiological functions of the body, biorhythm.

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