

**МІНІСТЕРСТВО ОХОРОНИ ЗДОРОВ'Я УКРАЇНИ
БУКОВИНСЬКИЙ ДЕРЖАВНИЙ МЕДИЧНИЙ УНІВЕРСИТЕТ»**



МАТЕРІАЛИ

**105-ї підсумкової науково-практичної конференції
з міжнародною участю
професорсько-викладацького персоналу
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У збірнику представлені матеріали 105-ї підсумкової науково-практичної конференції з міжнародною участю професорсько-викладацького персоналу Буковинського державного медичного університету, присвяченої 80-річчю БДМУ (м. Чернівці, 05, 07, 12 лютого 2024 р.) із стилістикою та орфографією у авторській редакції. Публікації присвячені актуальним проблемам фундаментальної, теоретичної та клінічної медицини.

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RESEARCH ON THE PSYCHOLOGICAL PREPARATION LEVEL OF MEDICAL NURSES FOR PALLIATIVE CARE

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Introduction. The current state of war in Ukraine and the integration of Ukrainian medicine into the European framework have led to changes in the established system of care. There is a growing need to enhance the professional readiness of medical nurses in working with incurable patients. This issue is currently under discussion and exploration to find the most effective training system for professionals.

The role of medical nurses in palliative care involves the treatment and consultation of incurable patients. Medical nurses in palliative care are part of a team of professionals who work collaboratively with doctors and other healthcare providers in the process of diagnosing, treating, and caring for patients with incurable diseases and limited life expectancies, as well as supporting their families.

The aim of the study. The aim of this research is to examine the level of psychological preparedness of medical nurses for their activities in the palliative and hospice care field.

Material and methods. S.Gomez-Cantorna et al. emphasize the importance of the personality of medical nurses in ensuring the effectiveness of palliative care, to the extent that they consider it necessary to include elements for improving the character of medical nurses in the educational program.

Results. The quality of medical care depends significantly on the professional readiness of nurses and doctors to provide it. A.Blazeviciene and co-authors note that not all nurses in Lithuania have experience in caring for dying patients. Since death can occur anywhere and at any time, it is crucial for all working nurses, regardless of their working conditions, to undergo training in palliative care. The authors identified key obstacles to providing quality care:

- Agitated, aggressive family members.
- A lack of understanding of nursing care by the patient's relatives.
- insufficient time for patient communication.
- A lack of nursing knowledge for effective communication with the families of deceased patients.
- Doctors' avoidance of honest discussions about diagnoses and overly optimistic views of the situation.

Ukrainian researchers, while examining the issue of professional readiness of medical nurses for palliative care, also emphasize the importance of personal qualities. For instance, N.O. Vengryn identifies essential qualities for working with palliative patients, such as compassion, selflessness, empathy, conscientiousness, tact, sympathy, integrity, self-control, high culture, and neatness. She adds that these qualities cannot be taught but should be 'in the heart of everyone who provides care for the seriously ill'.

Conclusions. Most of the interviewed medical nurses have a willingness to provide assistance to incurable patients. It is natural that the readiness level increases with age. It has been found that nurses in palliative services show significantly less pronounced deficit motives. The motivation to serve is expressed through thinking aimed at seeking opportunities and ways to help those in need.

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CULTURAL SENSITIVITY AND LINGUISTIC NUANCES IN TED TALKS ABOUT INFECTIOUS DISEASES

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Introduction. In the realm of public health communication, TED Talks have emerged as powerful platforms for disseminating knowledge about infectious diseases to global audiences.