

**МІНІСТЕРСТВО ОХОРОНИ ЗДОРОВ'Я УКРАЇНИ
БУКОВИНСЬКИЙ ДЕРЖАВНИЙ МЕДИЧНИЙ УНІВЕРСИТЕТ»**



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TO THE PROBLEM OF THE MENTAL HEALTH OF THE INDIVIDUAL

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Introduction. Unfavorable political, social, psychological and economic factors cause mental overstrain and can cause negative changes in a person's mental state and determine the formation of neuropsychiatric disorders.

The aim of the study. A theoretical overview of social and psychological features of the mental health of the individual.

Material and methods. Theoretical analysis, synthesis and generalization of research results are used in the study. It is worth noting that the problem of mental and psychological health of the population of Ukraine is gaining more and more relevance. The number of mental disorders and borderline conditions in the conditions of war is growing rapidly. In addition, a large number of our fellow citizens have neurotic problems, typical of a "transitional" society, with its economic instability, high unemployment, the fast pace of life, and great personal responsibility against the background of the loss of familiar values and the destruction of old stereotypes and familiar behavioral patterns.

Results. At the same time, the quality and degree of availability of psychiatric and, especially, psychological care still remain insufficient. Only a limited number of medical institutions (as a rule - narrow-profile ones: oncology, cardiology, narcology) have the position of clinical psychologist. This significantly complicates the process of the population applying for psychological help. Meanwhile, stereotypes related to mental and psychological health and its disorders, seeking help from specialists of the appropriate profile - psychologists, psychotherapists, psychiatrists - still have a lot of weight.

Conclusions. The content of mental health is not limited only to medical and psychological criteria but includes those social norms that affect a person's life. Mental health implies an age-appropriate level of development in personal, emotional, volitional and cognitive spheres, high adaptive capabilities and adequate perception of reality, setting life goals and achieving them.

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COGNITIVE AND DISCOURSIVE ASPECTS OF TERMINOLOGICAL STRUCTURES IN THE ENGLISH PROFESSIONAL LANGUAGE "INFECTOLOGY"

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Introduction. Cognitive term formation as a direction in modern linguistics, the basic concept of which is terminological competence, is defined as the ability to express, understand and create knowledge with the help of terms. Therefore, it is not only a tool that registers language phenomena, but also a means of why these phenomena are realized exactly this way.

The cognitive approach to discourse includes the fact that language activity is one of the types of people's mental and cognitive activity, and the language phenomena can be properly understood only in the context of other cognitive processes, such as knowledge presentation, memory, attention, intelligence.

The aim of the research. The linguocognitive research of the English professional language "Infectology" directs our attention to the tendencies of nominative terminological structures, system of their functioning and methods of consolidation of new complex specialized information through the use of different language paradigms, which is explained by the rapid development of terminology systems in medicine. We can observe the following tendencies in terminology of the discourse under study: name and introduction of new specialized information and economy of the language means, and simplification of the form of presentation for more comfortable memorizing and correct use of them just in this discourse.